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For creating a Better Society

~ an initiative by IIMC and YB*

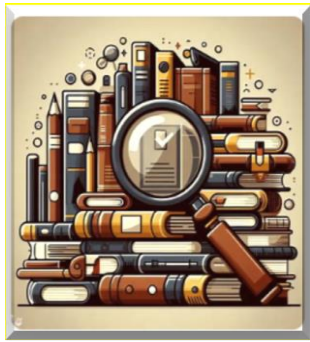
Read ~ to inspire

01 May 2024

"Awakened: Change Your Mindset to Transform Your Teaching" by Angela Watson is a book that aims to inspire and empower educators to adopt a growth mindset in their teaching practices. Drawing from her own experiences as a teacher and instructional coach, Watson provides practical strategies and insights to help teachers overcome challenges, cultivate a positive outlook, and create a more engaging and effective learning environment for their students.

The book emphasizes the importance of mindset in shaping teaching practices and encourages educators to embrace a mindset of growth, resilience, and continuous improvement. Watson emphasizes the power of reflection, self-awareness, and mindfulness in fostering professional growth and overcoming obstacles in the classroom.

One key takeaway from "Awakened" is the idea that teachers have the ability to transform their teaching by shifting their mindset and adopting a more proactive and growth-oriented approach. By cultivating a mindset of possibility and embracing challenges as opportunities for learning and growth, educators can create meaningful and impactful learning experiences for their students.



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Overall, "Awakened" serves as a valuable resource for teachers looking to renew their passion for teaching, overcome obstacles, and cultivate a positive and empowering mindset that fosters professional growth and student success.